|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Week One | | | | | |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Option 1 | Pepperoni Pizza | Chicken Noodles | Toad in the Hole | Build your own Burger:  Beef,  Chicken,  Vegetable (Vg) | Fish |
| Option 2 | Cheese Pizza (V) | Vegetable Noodles (Vg) | Veggie Toad in the Hole (V) | Fish Fingers |
| Option 3 | Vegetable Pizza (V) |  | Vegan Sausage |  | Falafals (Vg) |
| Sides | Potato wedges  Baked beans  Sweetcorn | Salad | Mash  Seasonal Vegetables | Salad  Coleslaw  Nachos | Chips  Baked beans  Peas |
| Dessert | Ice Cream | Fruit Salad | Jelly or Yogurt | Fruit Salad | Kate’s Surprise! |

Our kitchen has ingredients that do contain gluten and due to the possible risk of cross contamination **we can never 100% guarantee that our food is gluten free.**

(V) = vegetarian

(Vg) = Vegan

(GF) = Gluten free

Jacket potatoes available daily with cheese or baked beans.

Fresh fruit available daily.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Week Two | | | | | |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Option 1 | Mac n Cheese with Bacon | Build your own Salad: Ham  Chicken Tuna | All Day Breakfast:  Bacon and  Sausage | Build your own jacket potato:  Chicken  Tuna  Beans  Cheese  Veg Chilli | Sausages |
| Option 2 | Garlic Pesto Pasta (Vg) | Falafals  Cheese | All Day Breakfast:  Vegan Sausage (Vg) | Vegan Sausages  (Vg) |
| Sides | Broccoli  Sweetcorn Garlic bread | Crusty bread | Hash Browns  Egg  Beans  Mushrooms  Tomatoes | Coleslaw Salad | Chips  Baked Beans  Peas |
| Dessert | Ice Cream | Fruit Salad | Jelly or Yogurt | Fruit Salad | Kate’s Surprise |

Our kitchen has ingredients that do contain gluten and due to the possible risk of cross contamination **we can never 100% guarantee that our food is gluten free.**

Gluten free pasta and wraps available on request.

If your child has any allergies or dietary requirements that we do not know about, please ask for an allergy/diet form from the school office.

If your child’s allergies have changed, could you please keep us updated.