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| --- | --- | --- | --- | --- | --- |
| Week One | | | | | |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Option 1 | Cheese & Cauliflower Pasta Bake | Pepperoni Pizza | Chicken Stir-fry | Sausage Rolls  Vegan Sausage Rolls | Chicken Salad |
| Option 2 | Pesto Pasta | Cheese Pizza | Tofu Stir-fry | Haloumi Salad |
| Option 3 |  | Vegetable Pizza | Veg Stir-fry |  | Humous Salad |
| Sides | Peas Cheese | Wedges  Beans  Sweetcorn | Noodles | New potatoes  Salad | Chips  Tzatziki |
| Dessert | Fruit | Jelly | Kate’s Surprise | Fruit | Choc Ice |

Our kitchen has ingredients that do contain allergens and due to the possible risk of cross contamination **we can never 100% guarantee that our food is allergen free.**

(V) = vegetarian

(Vg) = Vegan

(GF) = Gluten free and allergen free ingredients available

Jacket potatoes available daily with cheese or baked beans.

Fresh fruit available daily.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Week Two | | | | | |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Option 1 | Cream of Tomato Soup | Chicken Katsu Curry | Hot Dogs | Tuna Pasta Bake  Pesto Pasta | Fish |
| Option 2 | Vegan Tomato Soup | Sweet Potato Katsu Curry | Vegan Hot Dogs | Quorn Nuggets |
| Option 3 |  |  |  |  |  |
| Sides | Cheesy toast  Veg sticks | Rice  Cucumber- salad | Nachos  Salad | Peas  Garlic bread | Chips  Peas  Beans |
| Dessert | Fruit | Jelly | Yoghurt | Nicola’s Surprise | Fruit |

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Gluten free pasta and wraps available on request.

If your child has any allergies or dietary requirements that we do not know about, please ask for an allergy/diet form from the school office.

If your child’s allergies have changed, could you please keep us updated.