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| --- | --- | --- | --- | --- | --- |
| Week One | | | | | |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Option 1 | Bean Chilli | Beef & Butternut Stew | Smoked Salmon Pasta Bake | Sausage Rolls  Vegan Sausage Rolls | Beef or Chicken  Burgers |
| Option 2 | Baked Beans | Leek & Potato Soup | Vegan Pesto Pasta | Veggie Burgers |
| Option 3 | Cheese |  |  |  |  |
| Sides | Jacket Potatoes  Coleslaw | Bread Roll & Butter | Garlic Bread  Peas | Brown Rice  Seasonal Roasted Veg | Chips  Salad  Ketchup |
| Dessert | Rice Pudding | Fruit Salad | Nicola’s Surprise | Yogurt | Fruit Salad |

Our kitchen has ingredients that do contain allergens and due to the possible risk of cross contamination **we can never 100% guarantee that our food is allergen free.**

(V) = vegetarian

(Vg) = Vegan

(GF) = Gluten free and allergen free ingredients available

Jacket potatoes available daily with cheese or baked beans.

Fresh fruit available daily.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Week Two | | | | | |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Option 1 | Lentil Bolognaise | Chicken Korma Curry | Pepperoni Pizza | Beef Quesadillas  Bean Quesadillas | Fish |
| Option 2 | Tomato & Basil Spaghetti | Chickpea Curry | Cheese Pizza | Quorn Nuggets |
| Option 3 |  |  | Vegetable Pizza |  |  |
| Sides | Cheese  Peas | Rice  Naan  Cucumber- Salad | Wedges  Beans  Sweetcorn | Salad | Chips  Peas |
| Dessert | Fruit Salad | Jelly | Kate’s Surprise | Yogurt | Fruit Salad |

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Gluten free pasta and wraps available on request.

If your child has any allergies or dietary requirements that we do not know about, please ask for an allergy/diet form from the school office.

If your child’s allergies have changed, could you please keep us updated.